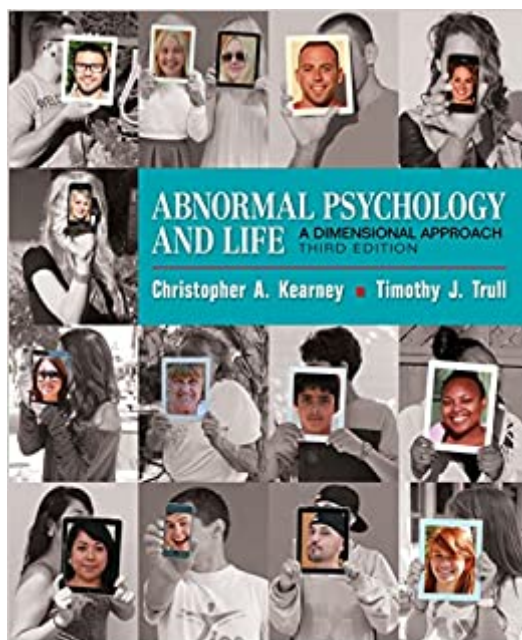


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# Abnormal Psychology And Life: A Dimensional Approach



## Synopsis

Chris Kearney and Tim Trull's *ABNORMAL PSYCHOLOGY AND LIFE: A DIMENSIONAL APPROACH*, 3rd Edition provides students with a concise, contemporary, science-based view of psychopathology that emphasizes the individual first. Through consistent pedagogy featuring clinical cases and real first-person narratives, the text illuminates our understanding that abnormal behavior can be viewed along a continuum. By highlighting this widely accepted dimensional view -- which places the behavior of an individual at the forefront of clinical definition, assessment, and treatment -- the text's goal is to foster personal relevance for students and encourage them to become intelligent consumers of mental health information. The book also gives students a comprehensive understanding of the features and epidemiologies, risk factors and prevention, assessment and treatment, and long-term prognosis and associated stigma of mental disorders.

## Book Information

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to disorders. Sections on stigma outline common aspects of self-stigma or structural stigma related to the mental disorder being discussed, as well as intervention for stigma-related concerns. How does this relate to me? Each chapter includes a Focus on College Students feature box that outlines key concepts of the mental disorder being discussed and how it relates specifically to you.

Get personal: narratives give first-accounts. Personal Narratives give accounts of an individual living with a psychological disorder, the family or friends affected by those living with a disorder, or

the professionals who try to help. Features like case studies with corresponding What Do You Think? questions, DSM-5 tables, interim summaries, and review questions all help you remember, understand, and apply the content.

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Christopher A. Kearney is Distinguished Professor of Psychology at the University of Nevada, Las Vegas (UNLV). He is also Director of the UNLV Child School Refusal and Anxiety Disorders Clinic. Dr. Kearney's research interests include school refusal behavior, selective mutism, post-traumatic stress disorder in maltreated youth, perfectionism, and other anxiety-related conditions in children and adolescents as well as issues of quality of life in persons with severe handicaps. The author of several books and numerous book chapters and journal articles on these topics, Dr. Kearney also conducts workshops for school districts and mental health and other agencies regarding school refusal behavior and selective mutism. A Fellow of the American Psychological Association (Division 12; Clinical Psychology), he is a recipient of the William Morris Award for Scholarship, the Barrick Scholar Award, the Barrick Distinguished Scholar Award, the Harry Reid Silver State Research Award, the Distinguished Teaching Award, the Outstanding Graduate Faculty Award, and the Academic Advisor Award-Graduate from the University of Nevada, Las Vegas. Dr. Kearney received his B.A. in psychology and sociology from the State University of New York at Binghamton and his M.A. and Ph.D. in psychology from the State University of New York at Albany. He completed his internship at the University of Mississippi Medical Center before moving to Las Vegas. Timothy J. Trull, Ph.D., is professor of psychological sciences at the University of Missouri. Dr. Trull received his Ph.D. from the University of Kentucky and completed his internship at New York Hospital Cornell

Medical Center. His research interests are in the areas of diagnosis and classification of mental disorders; borderline personality disorder; substance use disorders; clinical assessment; professional issues in clinical psychology; and ambulatory assessment methods. Dr. Trull has received several awards and honors for his teaching and mentoring, including Psi Chi Professor of the Year, the Robert S. Daniels Junior Faculty Teaching Award, and most recently the MU Graduate Faculty Mentor Award. He enjoys teaching Abnormal Psychology and Introduction to Clinical Psychology; his textbook, CLINICAL PSYCHOLOGY (Wadsworth) is used in classes across the U.S. and internationally. A licensed psychologist, Dr. Trull continues to train future clinical psychologists in the assessment, prevention, and treatment of psychological disorders.

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